

GO KICKBALL 101

The Basics



JOIN THE
FUN!

HOW TO REGISTER

There are three ways to Register:

1. Team Captain (create a new team)
2. Team Invitee (join a team using an Invite Code from a Captain)
3. Free Agent (join as an individual, and be assigned to a team)

>> [Click Here](#)<< for complete instructions on how to register for GO Kickball!

REGISTRATION NOTIFICATIONS

After a player registers, he/she will receive an email confirmation receipt and their respective Team Captain will receive an email notifying them that a player has joined their team. For individuals registering as a “free agent”, he/she will receive an email notifying them of their team assignment once registration closes.

SAME TEAM REQUESTS (Free Agent registration only)

Free Agents, wishing to play on the same team, should submit a “Same Team Request” via the **Contact GO Kickball** link on the GOKickball.com website and include the names of other Free Agents that you want to be placed on the same team. The GO Kickball staff will make sure that you are assigned to the same team!

****NOTE:** This is intended for small groups of individuals. Larger groups should form their own team. ******

TEAM ROSTER

Each team must have a minimum of 15 players, including a minimum of 4 female players (there is no max). Team Captain’s are encouraged to recruit 15+ players while if a team has less than 15 players, then other, smaller teams and/or Free Agents will be added to your roster once registration closes.

WELCOME EMAIL

After registration closes, each player will receive a Welcome Email, that announces the official start of the season. It will detail everything that players need to know to kick-off the GO Kickball season!

SEASON
PREP

PARK LOCATION AND FIELDS

Maps are located at www.GOkickball.com, on your respective city webpage, under “Current Season Info”. Our on-site Field Supervisor will direct teams to their respective playing fields during each game day.

TEAM COMMUNICATIONS

Captains are responsible for and encouraged to email their teams weekly regarding game and league bar details.

GAME DAY ATTIRE

Players should wear their team t-shirt, athletic shoes, and athletic pants/shorts. Team t-shirts are distributed before the start of the first game.

- **Cleats** - Cleat usage will be announced in the Welcome Email and depends on park rules. For leagues/parks prohibiting cleats, turf and gym shoes are permitted. All players must wear shoes – NO bare feet!

WHAT TO BRING TO GAMES

- **Captains** - lineup cards with defensive field positions and lineups for their team. Download a lineup card from our GOKickball.com home page under Quick Links (on the right).
- **All players** - sports bottles are allowed but cans, bottles, and cups are prohibited.

****NOTE:** Bring your official GKB kickball to practice and warm-up. >>[Click here](#)<< to purchase kickballs. ******

PRACTICE (Pre-Season or In-Season)

GO Kickball does not require teams to practice. It is encouraged to increase camaraderie, teamwork and kickball skills. It is the Captain’s responsibility to organize practices should a team wish to hold them.



GO Kickball 101 – The Basics

GAME TIME

Game Start

Players should arrive 15 minutes prior to game time to warm-up, and prepare their lineups. All games will begin on time.

Required Number of Players

Teams must have at least eight players, with a minimum of four females, in order to be game eligible.

Kicking Lineup

Captains must make a lineup, on paper, before the game, and exchange a copy with the other team. All players must kick. Late players are added to the end of the lineup.

Field Positions

When a team is on defense, no more than 11 players (including a minimum of four females) may take the field at a time. If a team has fewer than 11 players, the Catcher position is optional.

Referees/Field Managers

All GO Kickball Referees and Field Managers have completed a training and certification program to better officiate all games. They are in charge of their respective fields and the on-site authority on the official rules and regulations.

GO Kickball Rules

Kickball rules are similar to baseball and softball, in most respects, but it is important that all players review the rules and regulations on the GOKickball.com web site. >>[Click Here](#)<< to read the official rules of GO Kickball.

Game Over

Games last for whichever comes first, seven innings or one hour. If there is still time available, then a tie game may proceed into extra innings, until time runs out; otherwise, the result is a tie.

POST GAME

League Grille!

All players are encouraged to visit a designated League Grille for postgame festivities including food & drink specials, bar games, and opportunities to socialize with other players.

Game Scores and Season Standings

Game scores are posted on a city's page, found on the [GOKickball.com](#) web site, within 48 hours. From that same page, you can also find a team's power rankings and league standings.

Tournaments/Championships

- Each season is comprised of seven regular season games followed by the League Tournament.
- The winners of each league qualify to compete in the City Championship.
- The winners of each city are invited to compete in the GO Kickball National Championship.

Parties and Events

There are a variety of parties and events held throughout the season. They include the Kickoff Party, Theme Week, New Years Eve parties, and charity tournaments among others.